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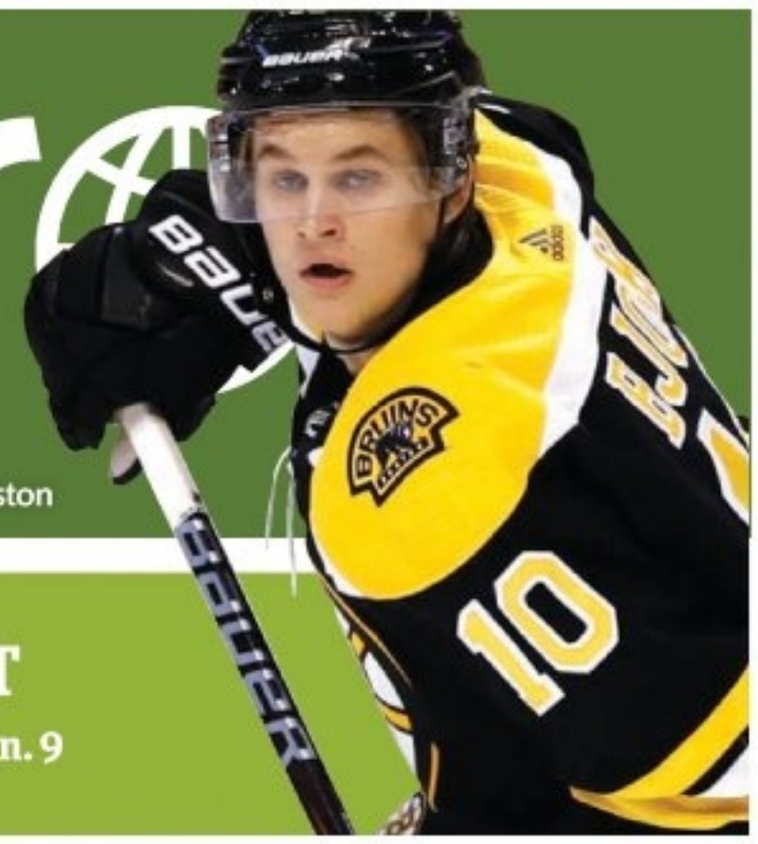

THE KIDS ARE ALRIGHT

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MAKING WAVES

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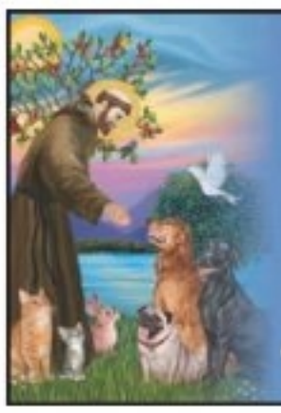
GETTY IMAGES



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WELCOME TO METRO BOSTON

KRISTIN TOUSSAINT, REPORTER

Most people know of Albert Einstein's theory of relativity, in which he predicted the existence of gravitational waves — the ripples in the fabric of spacetime. Einstein thought the waves would be impossible to detect on Earth, but they have been, thanks in part to MIT professor Rainer Weiss. He just won the Nobel Prize in physics for that work. Read about that feat and more local news at **metroboston.us.**

US ORDERS EXPULSION OF 15 CUBAN DIPLOMATS

The Trump administration ordered the expulsion of 15 Cuban diplomats after pulling more than half of its own embassy staff out of Havana last week, further escalating tensions between the United States and Cuba. Secretary of State Rex Tillerson said the latest decision was made due to Cuba's "failure to take appropriate steps" to protect American personnel in Cuba who have been targeted in mysterious "attacks" that have damaged their health. The steps taken by President Trump's administration mark another blow to his predecessor Barack Obama's policy of rapprochement between Washington and Havana. A State Department official said the number of expulsions ensured that the U.S. and Cuban embassies would have "equitable staffing levels" while investigations continue into the unexplained "health attacks."

GOFUNDME FOR LOCAL WOMAN KILLED IN VEGAS

A GoFundMe page is raising money for the family of a Tewksbury woman who was killed in the Las Vegas shooting. Rhonda LeRocque, 42, was at the Route 91 Harvest Festival with her husband, Jason, and their 6-year-old daughter, according to the fundraiser page, created by LeRocque's aunt, Gloria Murdock. Though her husband and daughter survived, LeRocque was one of the 59 killed when a gunman opened fire on the outdoor concert on Sunday. The GoFundMe page is asking for help covering the expenses of flying LeRocque's mother out to Las Vegas before LeRocque is cremated, as well as flying LeRocque's remains back home to her loved ones and to go toward Jason and his daughter's future needs. "Rhonda LeRocque was a person full of life, she loved her family with all her heart," Murdock wrote about her niece.

MEMORIAL

3 Matthew Helms, who worked as a medic the night of the shooting, visits a makeshift memorial for the victims of the mass shooting, on the north end of the Las Vegas Strip on Tuesday.

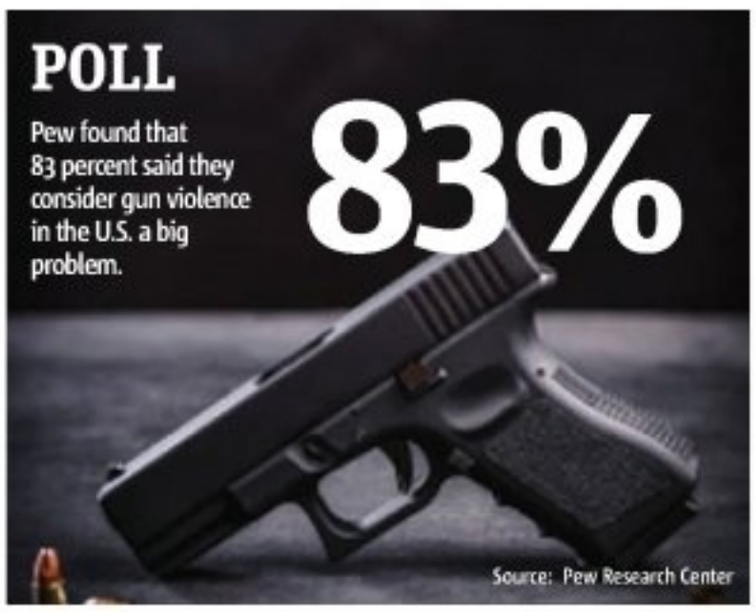
GETTY IMAGES

CATALANS STAGE PROTESTS AND STRIKE

4 Tens of thousands of people took to the streets of Catalonia and road traffic, public transportation and business were disrupted on Tuesday in protest against Sunday's violent crackdown by Spanish police on an outlawed independence referendum. Metro stations shut down in Barcelona, pickets blocked dozens of roads and state workers walked out in response to a call for a general strike by pro-independence groups and trade unions. FC Barcelona, the city's football club, joined the strike, saying it would close for the day and none of its teams would train. Carmaker SEAT was forced to shut a production line. Catalonia, Spain's richest region, has its own language and culture and a political movement for secession that has strengthened in recent years.

FORMER EQUIFAX CHIEF APOLOGIZES TO CONGRESS

5 The former head of Equifax Inc. apologized repeatedly on Tuesday at a congressional hearing for the theft of millions of people's personal data in a hacking breach, saying it took weeks for the credit bureau to understand the extent of the intrusion. Richard Smith retired last week, but the 57-year-old executive led the company over the time of the hack, which Equifax acknowledged in early September. Late on Monday, Equifax said an independent review had increased the estimate of potentially affected U.S. consumers by 2.5 million to 145.5 million. In March, the U.S. Department of Homeland Security alerted Equifax to an online gap in security but the company did nothing, said Smith. "The vulnerability remained in an Equifax web application much longer than it should have," Smith said.



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TEACH UP

WEDNESDAY, OCT. 11, 5:45 – 9:00 PM

Gutman Library Conference Center,
Harvard Graduate School of Education,
6 Appian Way, Cambridge, MA

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MIT physicist wins Nobel Prize for discovery of gravitational waves

Rainer Weiss shares the prize with two other U.S. professors.

KRISTIN TOUSSAINT
@kristindakota
kristin.toussaint@metro.us

One hundred years ago, Albert Einstein predicted the existence of gravitational waves — but he assumed they would never be detectable.

Now, Rainer Weiss, professor emeritus of physics at the Massachusetts Institute of Technology, has won the Nobel Prize in physics for 2017 for his work in finally observing those waves.

Weiss won half of the prize and shares the award with Kip Thorne, professor emeritus of theoretical physics at Caltech, and Barry Barish, professor emeritus of physics at Caltech.

The three were honored for their contributions to the Laser Interferometer Gravitational-Wave Observatory (LIGO) detector and for the observation of gravitational waves.

Sept. 14, 2015 marked the first-ever time that the universe's gravitational waves were observed. The waves that were detected by LIGO came from a collision between two black holes — something Einstein himself didn't believe actually existed.

It took 1.3 billion years for those waves, which MIT described as "a ripple from a distant part of the universe, to arrive at the LIGO detector, and with that feat, a "revolution" in astrophysics was ushered in.

"Gravitational waves are an entirely new way of observing the most violent events in space and testing the limits of our knowledge," the Nobel Foundation explains. The detection of the waves also confirmed Einstein's theory of relativity.

"I certainly feel humbled to be put in the same category as some of the giants of physics, people I regard and have read about my entire life. It's sort of unreal," Weiss, 85, said at an MIT news conference following the announcement of his win on Tuesday.

"One of the things I dreamt about a while ago was if Einstein was still alive, it would be absolutely wonderful to go to him and tell him about the discovery, and I think he would have been pleased," he continued. "But if I told him about the discovery of black holes, he would have been absolutely flabbergasted."

> ***"I certainly feel humbled to be put in the same category as some of the giants of physics ... it's sort of unreal."***
>
> Rainer Weiss

Weiss had been working toward that moment for decades, having come up with the initial design for LIGO about 50 years ago, according to MIT. He teamed up with Thorne in 1976 and the two formed a collaboration between MIT and Caltech; Barish soon joined the team as director of the project.

Weiss received the news of the Nobel Prize win early Tuesday morning, when a phone call woke up him up.

"It was quite a shock, we weren't expecting it," he said. "My wife and I thought we only had about a 20 percent chance. Now it's a fact and it's wonderful, wonderful not [just] for me but for everybody who has worked on this."

MIT professor emeritus Rainer Weiss won the Nobel Prize in physics. GETTY IMAGES

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Meghan & Harry are 'practically' engaged

I'm not saying Meghan Markle and Prince Harry are engaged, but I'm not not saying they're engaged. Ya dig?

E! News reports that the "Suits" star and Hot Ginger Prince are steadily making their way toward a ring-on-it situation — so much so that they're practically engaged already. Practically does not mean actually, though, so it honestly sounds like they're in the same place that they were, say, last week.

"While Meghan may not be wearing a ring or a formal engagement announced, it's fair to say they're as good as engaged now," a source close to the couple tells the outlet.

The happy kind of engaged couple. ALL PHOTOS GETTY IMAGES UNLESS OTHERWISE STATED

"They've spoken about their marriage plans openly with each other and friends and family around them are pretty much thinking about wedding attire already!" OK, good to know we're still getting really far ahead of ourselves.

the word

RACHAEL VAUGHAN CLEMMONS
@rachaelclemz
rachael.clemmons@metro.us

Kate Winslet 'never fancied' Leo DiCaprio

Kate Winslet is opening up. Apparently, she "never fancied" Leonardo DiCaprio and girl, same. I just don't get the appeal, to be honest.

The two actors that everyone has shipped are just really good friends, OK? "For Leo and I, I think it was seven months of very intense work," Winslet said on Tuesday of filming "Titanic."

"We were both really young, and luckily — and this is the fortunate thing — we never fancied each other," the 41-year-old continued. "I know that's really annoying to hear, I'm sorry, but we really never did."

But don't worry — just because they never wanted to feel each other up in their off time doesn't mean that they aren't the best of friends now. "You don't even want to know the last conversation we had," Winslet said in Glamour's October issue."Because it was so funny and made me laugh so much." You're right, I don't! Cool about your friendship, though.

That makes two of us, Kate.

Tyra Banks is single now

Tyra Banks and her beau-slash -baby daddy, Erik Asla, have called it quits. Insert some commentary like, another one bites the dust, love is dead, etc.

The couple had been together for five years and share a son, York Banks Asla.

The "America's Got Talent" host and Asla are reportedly remaining friends, with Banks continuing to work with Asla professionally — even though he's already moved out of their Los Angeles mansion.

Join me in shedding one single, beautiful tear.

"It came drama-free," a source close to Banks tells Page Six. "They're co-parenting their young son."

Well, the cynic in me is like, nothing ever lasts, we're all going to die at the end anyway. But I want the best for Ty Ty! Here's hoping she can find comfort in a sequel to "Life Size" with Lindsay Lohan. LiLo could use the work, for sure.

The second most-boring Hilton is engaged

This rich dude looks like a poor man's Aaron Carter. INSTAGRAM/@TESSA_VONWALDERDORFF

The second-least controversial Hilton — Barron Hilton II — is engaged to be married. OK!

Page Six reports that the Hilton heir — younger brother to Paris and Nicky, older brother to the very troubled Conrad — proposed to his longtime girlfriend last week by the pond in Central Park, because of course he did. She is a socialite, and her name is Tessa Gräfin von Walderdorff. Which is frankly more "Gossip Girl" than "Gossip Girl" was. And you thought Serena van der Woodsen was pure tomfoolery.

The couple plans to marry next year, and will likely continue to post inane pictures of each other on their respective Instagrams in the meantime. Barron's parents, Rick and Kathy Hilton, are reportedly "delighted about the engagement, as are his sisters, Paris and Nicky."

And that concludes your bimonthly update on the Hilton family. You're welcome.

From where to find cheap eats that still impress a date
To where to go next
Keep up.
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Kendrick Lamar spoke at the Forbes Under 30 Summit in Boston on Tuesday. ALL PHOTOS GETTY IMAGES

The rapper opened up about meeting President Obama.

Kendrick Lamar finds inspiration in Colin Kaepernick

"Ultimately, you want to be a person that stands for something."

MATT JUUL
@MetroBOS
letters@metro.us

Kendrick Lamar praised Colin Kaepernick during a keynote discussion at the Forbes Under 30 Summit in Boston on Tuesday afternoon.

While speaking to a crowd of hundreds who showed up for the event at City Hall Plaza, the Grammy-winning rapper gave the former 49ers quarterback a shout out for standing up for a what he believes in with his national anthem protest.

Lamar told the audience that he hopes to make a similar impact with his legacy.

"Ultimately, you want to be a person that stands for something," Lamar said. "Whether the plan works or not, I want to be remembered as that. Same thing with Colin Kaepernick."

The hip-hop star added, "They think he's going to give up, be he wants to stand for something."

Lamar went on to say that he's been inspired by Kaepernick — who hasn't been signed by a team yet for the 2017 NFL season — to focus his efforts on influencing the next generation, rather than listening to the haters.

"If I quit what I'm doing or feel like I can't go no longer because I have naysayers out there or I feel a little discouraged, I got to think beyond the moment," Lamar said. "You have to look at it from a base of, 'What do you want to be remembered for?' Simple as that."

Colin Kaepernick

The "Humble" rapper also opened up about spending time with President Barack Obama.

Aside from giving the former president a new nickname of "Big Barack," Lamar praised Obama for allowing him and other "urban acts" to visit the White House during his tenure in the Oval Office.

The music superstar called it an honor to talk with the former commander-in-chief.

"These are the secret gates," Lamar said. "Our ancestors, they're looking down on us, and to acknowledge that inside the house and talking to him, I can only imagine how he feels, not how I feel. He's the gatekeeper letting me inside there, letting me know certain things."

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How to celebrate National Taco Day in Boston

Can you finish the Taco Gigante at Margaritas?
PROVIDED

Spice up your Wednesday.

CHARLIE WOLFSON
@MetroBOS
letters@metro.us

The air is cooling down, the days are getting shorter and Fenway is set to host a postseason series: It's fall. Just because Halloween is coming up and pumpkin spice fills every coffee shop doesn't mean you can't enjoy some outstanding Mexican cuisine this National Taco Day on Oct. 4. Whether you're looking for a more upscale meal, or you want to tackle a daunting culinary challenge, Wednesday will have something for you.

Tico
Specializing in American cuisine "with a Latin influence," head to this Back Bay restaurant for this year's foodie holiday. Tico will offer 25 percent off on all two piece tacos with any alcoholic beverage purchase between 2p.m. and 6 p.m.
222 Berkeley St., Boston, ticoboston.com

Lolita
Check out another Back Bay spot, Lolita Cocina and Tequila Bar, for a festive, energetic atmosphere. They'll serve up $4 el pastor tacos a la carte, and be sure to try some of their inventive cocktails and margaritas.
271 Dartmouth St., Boston, lolitatequilabars.com

Margaritas
Margaritas Mexican Restaurant specializes in — wait for it — margaritas. They have over 25 varieties, and are as authentic as it gets in this neck of the woods. If you're somebody who can't enjoy a holiday without conquering a massive, arduous yet delicious eating challenge, then Margaritas is the place for you this National Taco Day.

At two pounds and 12 inches, the Taco Gigante is more of a journey than a taco. It consists of a huge crispy tortilla shell stuffed with lettuce, refried beans, rice, ground beef, chicken, carnitas, cheese, salsa fresca, bacon, queso, hacienda sauce, picante sauce and pickled jalapenos. What does one receive as a prize upon consuming this monster? A voucher to do it all over again, for free, upon their next visit to Margaritas.
75 Station Landing, Medford, margs.com

Mija
Head over to Mija Cantina and Taco Bar in Faneuil Hall for $5 signature tacos all day long. Choose from blackened steak, fried cod, pork belly, chicken cordon bleu and roasted vegetables to fill your festive meal. And if you're feeling thirsty, sip on a selection from more than 100 types of tequila.
1 S Market St., Boston, mijaboston.com

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OCT 11

FRANK CALIENDO
OCT 14

LEA DELARIA
(FROM ORANGE IS THE NEW BLACK)
OCT 15

CRY CRY CRY
OCT 26

COLIN JOST
OCT 28
HARI KONDABOLU NOV 3
CAMERON ESPOSITO & RHEA BUTCHER NOV 4
THE MANHATTAN TRANSFER NOV 5
BRUCE COCKBURN NOV 9
HOW DID THIS GET MADE? NOV 10
SINBAD NOV 11
JOHNNYSWIM NOV 14
TRACY MORGAN NOV 17
WHITNEY CUMMINGS NOV 18
MIKE EPPS NOV 24
MICHAEL CARBONARO NOV 25
DENIS LEARY NOV 26
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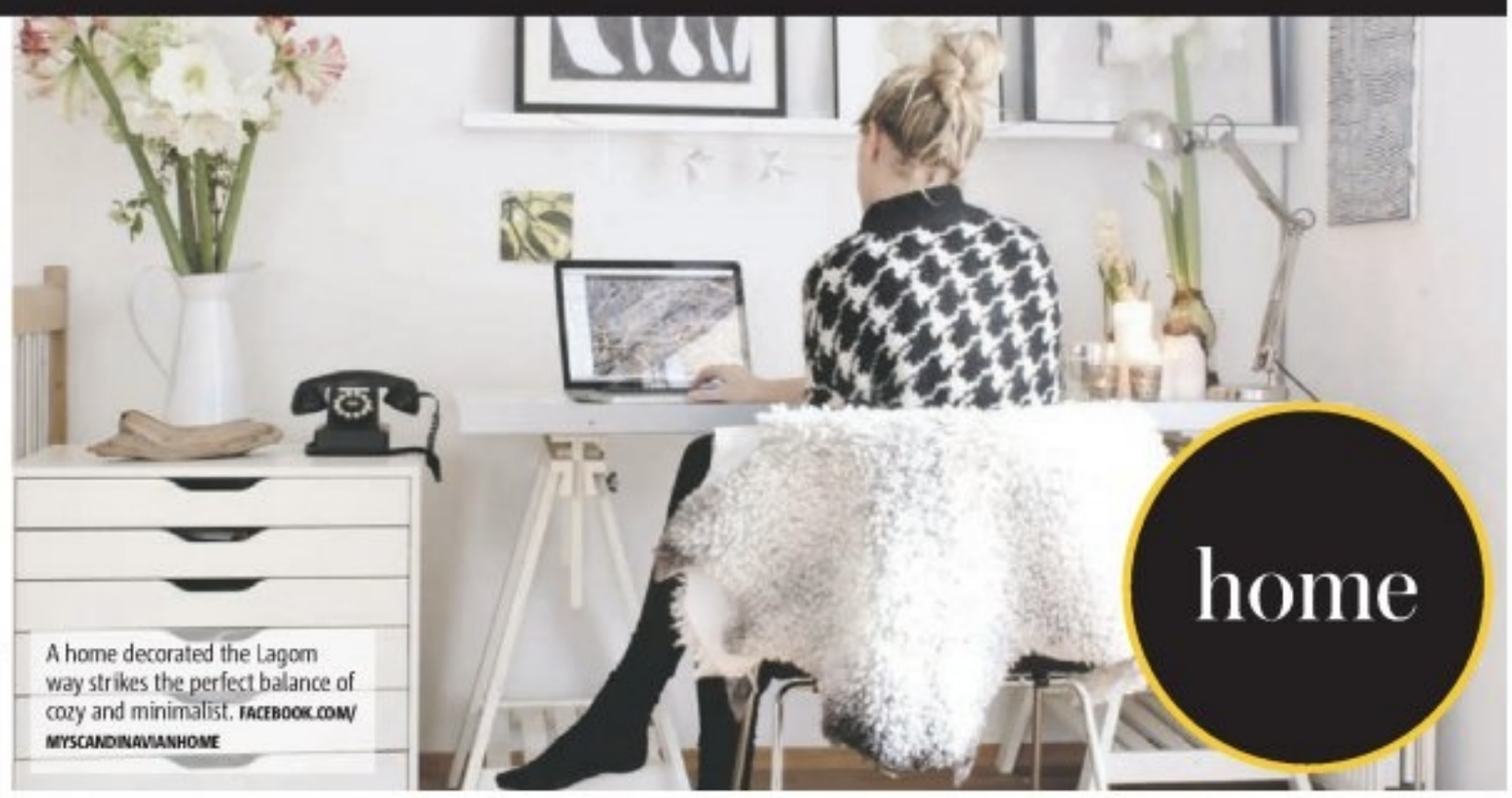
All about Lagom



A home decorated the Lagom way strikes the perfect balance of cozy and minimalist. FACEBOOK.COM/MYSCANDINAVIANHOME

home

How do decorate your home the Lagom way, the Swedish term for balance and moderation.

KATE MOONEY
@yatinbrooklyn
kate.mooney@metro.us

You've likely heard all about Hygge, the trendy Danish term for coziness that has dominated lifestyle content in recent years. Here's another Scandinavian principle that's gaining appeal stateside: Lagom. The Swedish philosophy, which translates into "not too little, not too much," is all about how to slow down and live a more balanced life — and who can argue with that?

You can adhere to Lagom throughout all aspects of your life, whether it's taking regular coffee breaks at work — called "*fika*," in Swedish — or allowing yourself a full, restful vacation. And it can also influence how you organize your home. Niki Brantmark, creator of the interior-design blog "My Scandinavian Home" and author of "Lagom: The Swedish Art of Living a Balanced, Happy Life," gives us tips on how to embrace Lagom where we live.

Keep it minimalist-cozy

"Our home environment affects our stress levels — after all, it's where we start and end our day," says Brantmark. Following the philosophy of Lagom, the home will strike the right balance of being "neither too spartan, nor overdone."

In a typical Swedish home, the walls will be white or light gray to allow for natural light to "create a tremendous sense of calm," she explains.

But you want to make sure where you live still feels comfy and inviting. "Be sure to use plenty of natural materials and textures, such as wood, glass, clay as well as cozy blankets and flickering candles to create a sense of equilibrium," Brantmark advises.

Greening your living space with plants will also help create a calming and restorative environment.

Declutter

Lagom shares the philosophy behind Marie Kondo's "The Life Changing Magic of Tidying Up": Get rid of anything you don't use or love.

When it comes to furniture, Brantmark suggests picking out items that combine form with function, and the old and the new — think, IKEA meets a secondhand steal.

But don't overcrowd your furniture: "By setting single items apart, it gives them breathing space and you are more easily able to see the beauty in them."

Don't deny yourself

Striking a balance is the key here, so you don't have to go to extremes exercising restraint, says Brantmark. Feel free to indulge your whimsy every now and then with a dramatic wallpaper or a loud statement piece.

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3	$74,450	$74,451 - $93,100
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South Boston Neighborhood Development Corporation
273 "D" Street, South Boston, MA 02127
E-mail: 275oldcolonyave@sbndc.org (Applications cannot be sent prior October 14, 2017)
Please note the application distribution period is only for ten (10) consecutive days (six business days) starting on October 14, 2017 and ending on October 23, 2017.
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Tuesday – October 17, 2017 – 10:00am – 6:00pm
Wednesday – October 18, 2017 – 10:00am – 6:00pm
Thursday – October 19, 2017 – 10:00am – 7:00pm
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3 B's players that will exceed expectations in 2017-18

The Bruins will need huge seasons from their younger talent in 2017-18.

RICH SLATE
@RichSlate
sports@metro.us

Anders Bjork gets down and dirty against the Blackhawks last season. GETTY IMAGES

It's no secret that guys like Tuukka Rask, Zdeno Chara, Patrice Bergeron and Brad Marchand still form the all-important nucleus of the Bruins. However, for Boston to become more of a factor in the Atlantic Division and Eastern Conference this season, they'll need a slew of younger guys to take on bigger roles than perhaps those outside the organization would expect from them right away.

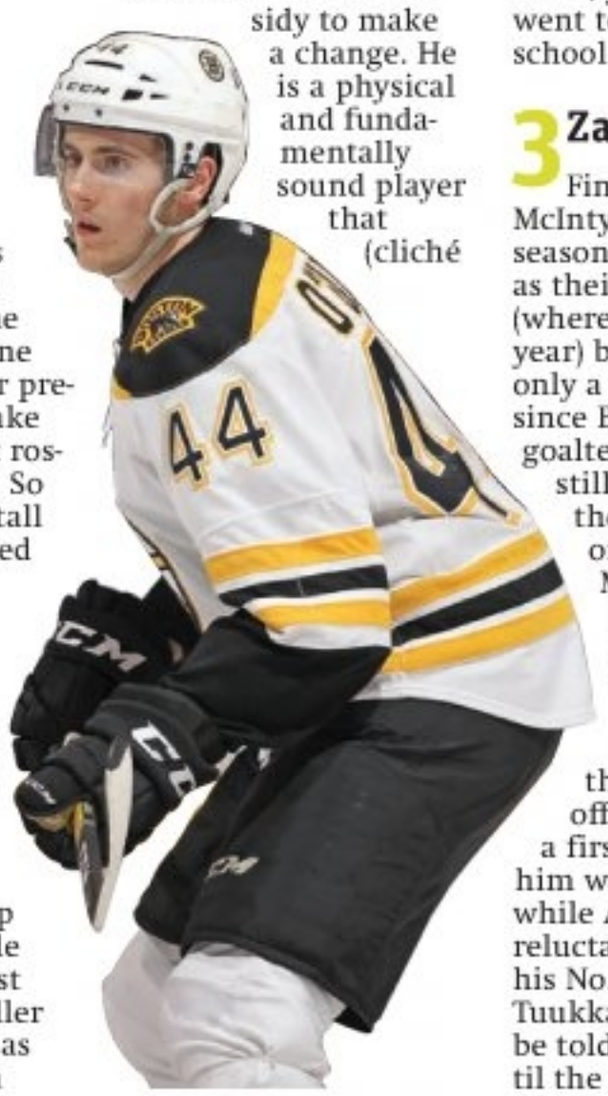
Any bandwagon B's fan could rattle off the names of David Pastrnak and Charlie McAvoy as obvious answers to this hopefully successful equation but let's dive a little bit deeper. Here are three players that should exceed expectations in 2017-18:

1 Anders Bjork

The individual story of training camp and the preseason for the Bruins was rookie left wing Anders Bjork. He might not even have his picture yet on the roster posted by Boston's official team website but the former Notre Dame star (a fifth round pick of the B's in 2014 who chose to forgo his senior season in South Bend) is ticketed to be on the first forward line with Bergeron and Marchand. No pressure, right? Thus far, he has looked anything but out-of-place with two of the better two-way forwards in the world. There are always peaks and valleys for rookies coming into the NHL but this speedy left-handed shot appears to be mature beyond his years (he turned 21 in August) both on and off the ice.

2 Rob O'Gara

Defenseman Rob O'Gara is another college hockey product (Yale) that used his year in Providence last season with the AHL affiliate to hone his craft and better prepare himself to make the Opening Night roster for this season. So far so good as the tall (6-foot-4) left-handed shot has asserted himself from Day 1 and while he might be an extra defenseman to begin things on Thursday in the B's opener vs. Nashville, it's easy to see him cracking the lineup when the inevitable injuries occur (most likely to Kevan Miller or Adam McQuaid as per usual) or when poor play dictates that it's time for Cassidy to make a change. He is a physical and fundamentally sound player that (cliché alert) is very smart since, you know, he went to an Ivy League school and all.



3 Zane McIntyre

Finally, Zane McIntyre will start the season in Providence as their No. 1 goalie (where he ended last year) but that is likely only a temporary spot since Boston's backup goaltender situation is still as muddled as the Charles River on a rainy day. Malcolm Subban was put on waivers on Monday after getting one last chance to impress the Bruins' front office who wasted a first-round pick on him way back in 2012 while Anton Khudobin reluctantly regained his No. 2 spot behind Tuukka Rask but truth be told, it took him until the final preseason game in Chicago to firmly secure that role. As we all know from the last few seasons, Rask eventually gets worn down and the B's have to be smarter about giving him some breaks now and then before he makes nearly every start down the stretch. Of course, that all hinges on Cassidy being able to trust the backup which is where McIntyre should play a serious role before the weather has gotten nice again in the spring.

NHL predictions

Eastern Conference Final: Penguins over Lightning

Western Conference Final: Oilers over Ducks

Stanley Cup Final: Oilers over Penguins

Hart Trophy: Connor McDavid (Oilers)

Art Ross Trophy: Connor McDavid (Oilers)

Norris Trophy: Erik Karlsson (Senators)

Vezina Trophy: Carey Price (Canadiens)

Calder Trophy: Josh Ho-Sang (Islanders)

— Joe Pantorno, Metro Staff

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By virtue and in execution of the Power of Sale contained in a certain Mortgage given by David J. Healey to World Savings Bank, FSB, dated November 21, 2007 and recorded with the Suffolk County Registry of Deeds at Book 42777, Page 189 ; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 1:00 PM on October 25, 2017 at 31 Justin Road, Boston (Brighton), MA, all and singular the premises described in said Mortgage,

TO WIT:

ALL THAT CERTAIN REAL PROPERTY SITUATED IN THE COUNTY OF SUFFOLK STATE OF MASSACHUSETTS, DESCRIBED AS FOLLOWS: The land with the buildings thereon in the. Brighton District of Boston, Massachusetts being lot numbered two (2) on a "Plan of Lots at Oak Square, Brighton, owned by Meagher, Munroe & Co, Hyde & Sherry, Engineers" dated November 1, 1902 recorded with Suffolk Deeds at the end of Book 2852, bounded as follows Southerly by Justin Road, forty (40) feet, Westerly by lot numbered one (1) on said plan, one hundred nineteen And 50 100 (119.50) feet, Northerly by land of owners unknown, forty (40) feet, and Easterly by lot numbered three (3) on said plan, one hundred eighteen and 80/100 (118.80) feet. Containing 4,766 square feet of land, according to said plan For reference to title see deed recorded with Suffolk Registry of Deeds Book 36033 page 5

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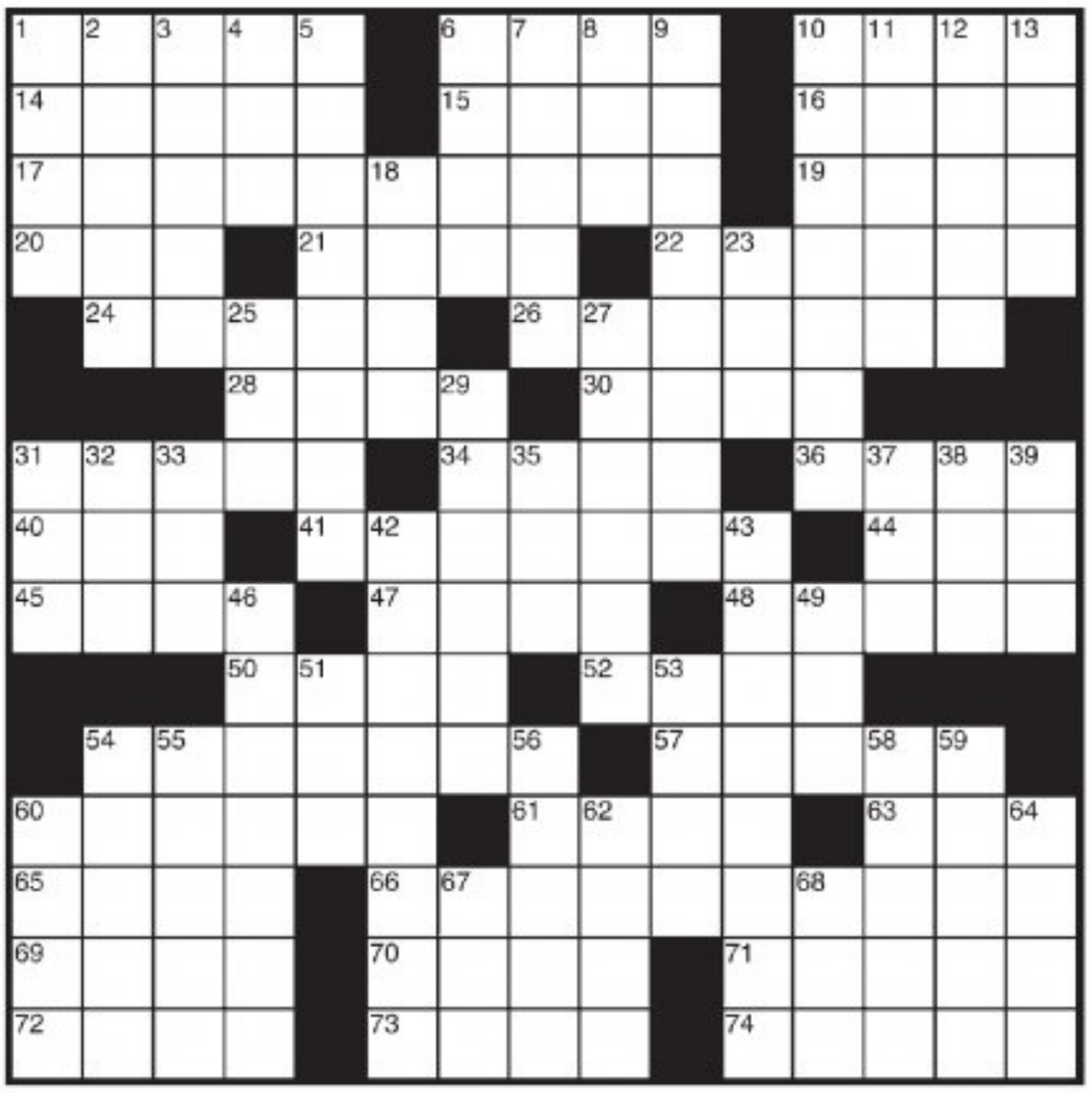
Across

1 Carouse
6 Liniment target
10 Wild guess
14 Nitrous – (laughing gas)
15 Sledgehammer
16 Sledding spot
17 Punctuation mark
19 Penny –
20 Mid-Atlantic st.
21 Desiccated
22 Bordered on
24 Temporary failure
26 Unexpected hit
28 Earthenware jar
30 About, in memos (2 wds.)
31 Computer acronym
34 Mob scene
36 Twig juncture
40 Coffee dispenser
41 Amazon menace
44 1040 org.
45 Not coarse
47 Prime-time hour
48 Very light wood
50 Tel –
52 Amount carried
54 Chewy candy
57 Brief flash
60 Grads
61 Space lead-in
63 Veggie-tray item
65 Roman's garment
66 Expository treatise
69 Walkie-talkie word
70 Tien Shan mountains (var.)
71 Gung-ho
72 Fringe benefit
73 For fear that
74 Soft leather

Down

1 Freeway
2 Oust
3 Small pansy
4 Koch and Wynn
5 Inadvertently reveals (2 wds.)
6 Love, to Pablo
7 Cod and Canaveral
8 Bewildered response
9 – hour (last minute)
10 Hone
11 Trace of color
12 Make changes
13 Drained of resources
18 Film spool
23 Always, to the bard
25 Luau dish
27 Vibraphonist – Hampton
29 Check in
31 – Wiedersehen
32 Hindu title
33 FOX rival
35 Fleming of spydom
37 Sunflower yield
38 Rx givers
39 Spanish "that"
42 Hostile
43 Shellfish
46 Set aside for
49 Lemon cooler
51 UPS truck
53 Human eater
54 Garlic bulb piece
55 Ice-fishing tool
56 Lhasa monks
58 Familiar saying
59 Bogged down
60 On the summit
62 Shed, as light
64 Fiery stack
67 Flamenco shout
68 Frat letter



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easy

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hard

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metro.us/horoscopes

Aries Emotions will flare up, causing problems with a colleague or someone trying to make you look bad. Honesty will be your best option. Speak from the heart.

Taurus Don't let the changes going on around you cause you to fret. Look at your options to discover a way to combat any challenge that presents itself.

Gemini Casual conversations will lead to all sorts of opportunities. Express your thoughts, ideas and plans to a partner or co-worker. Change will bring about personal gains.

Cancer Easy does it. You are best off listening carefully to complaints or criticism. Refuse to get into an emotional battle that will be impossible to win. Agree to disagree.

Leo Look at your future and consider what you need to do to reach your goal. Pick up new skills or update your qualifications to suit current professional trends.

Virgo Share your feelings and goals with someone you want to form a meaningful partnership with. Listen to others' concerns and counter with a positive response.

Libra Focus on getting things done. Take care of your responsibilities before someone complains. Do your best to make your surroundings more comfortable and convenient.

Scorpio Express your feelings and make yourself clear regarding what you are willing to do to pitch in and help. Romance and self-improvement are highlighted.

Sagittarius Physical and emotional abuse are apparent. How you treat people or let them treat you will make a difference to the way you move forward in life.

Capricorn An emotional issue will develop if you let someone from your past re-enter your life. Don't be fooled by sweet talk or persuasive offers. Focus on retaining your stability.

Aquarius Keep your emotions out of the workplace. Getting involved in a struggle with someone trying to make you look bad won't solve the problem.

Pisces The less time you take to argue a point, the more you will get done. Aim to finish what you start by working alone and staying on course. EUGENIA LAST

Yesterday's answers

I	N	E	P	T		B	L	O	C		O	V	E	N
T	A	B	O	O		R	E	B	A		G	Y	R	O
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